

Edible Garden Calender

Desert Southwest



by: Justin Rohner & Agriscaping.com leaders in *Elegant Edible Landscaping*

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Key	SS	Ideal Seed Planting Time
	S	Seed Planting
	T	Transplants, tubers, or starts
	i	Indoors Seed Start
	Yellow	Potential Harvest Time
	Orange	Peak Harvest Time
Green	Growing Time	

Harvest	Months to Harvest	est. #/s.f.	Type	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Notes
				1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	
Amaranth	4 to 5	1	Green				i i	SS SS	S							6'+tall, Beautiful Flower plumes, Thresh harvest dry
Artichoke - Globe	4 to 6	2	P. Fruit	T T	T T							i i	S S	SS S	SS S	Frost can improve early harvest, 4' dia. Space req'd.
-Jerusalem	6 to 8	3	Root	T T	T T	T T	T									Eat fresh like water chestnut or cook like potato
Arugula	2 to 3	2	Green	SS SS	S							i i	S	SS SS	SS SS	Plant thick, eat young, spicier as temp warms.
Asparagus	12 to 24	0.3	Green		i i	S	SS SS	S S					T	T T	T	Don't harvest till after 2nd year in ground.
Basil	S=2.5/ T=1	1	Green	SS SS	SS SS	ST ST	ST ST	S S	S S	S S	S S				i i	Start indoor in winter, many ornamental varieties
Beans- Blackeye	2 to 3	2	Bean		i i	S S	SS SS	SS SS	SS SS	S S	S S					Loves heat, and full west sun
- Fava	1.5 to 3	0.8	Bean										i i	SS SS	SS S	needs cooler micro-climate
- Garbanzo	4 to 5	1	Bean	i	S	S							i i	SS SS	SS S	Low-grower, must have well-draining soil
- Green Snap	2 to 3	1.5	Bean		i i	SS SS					S	SS				warm soil best, start indoors or wait till +70 deg low
- Lentil	2.5Grn/ 4Dry	2	Bean	i	S	S	*						i i	SS SS	SS S	eat as green bean or thresh harvest when dry
- Lima	2 to 3.5	0.5	Bean			*	S SS	S *			i i	S S	S			Produces best when supported with trellis
- Pinto	2 to 3	1	Bean			*	SS SS	* *			S S	*				Thresh harvest when dry
- Soy	1.5Grn/ 2Dry	1	Bean			*	SS SS	* *			S S	*				use heat-tolerant varieties like edemame
- Yardlong	2 to 3	1.6	Bean			S S	SS SS	SS SS	SS SS	S S	S S	*				loves heat, black-seeded do best, provide trellis
Beet	2 to 2.5	1.5	Root	S SS	SS S							*	S	SS SS	SS S	Be sure to thin to 3" spacing if you want big beets
Bok Choy	1.5	2	Green	T T								*	S	SS SS	SS S	quick to mature, harvest early and often before bolt
Broccoli - Head	4.5(S) 3(T)	1.5	Green									S	SS SS	ST ST	T T	Light frost improves sweetness, flowers also edible
- Raab	4.5(S) 3(T)	1	Green	S SS	S							*	S	SS SS	S S	Pick early and often to improve production
- Romanesco	5(S) 4(T)	1	Green									*	SS SS	ST ST	T T	Allow 16" spacing,
Brussels Sprouts	5(S) 4(T)	0.8	Green								*	SS	SS S	T T	T	"Oliver"& other early hybrids, ever-watering pot best
Cabbage - Chinese	2.5(S) 1.5(T)	1.8	Green									*	S	SS SS	ST ST	Quickest Cabbage, thin to 1 per s.f.
- Head	4(S) 4(T)	1.5	Green	T								*	SS SS	SS SS	ST ST	Reds take longer to mature into head
Carrot	3 to 4.5	1	Root	S SS	S *							*	S	SS SS	S S	Slow to sprout... mix with a few radish seed
Cauliflower	4(S) 3(T)	1	Green									*	SS SS	ST ST	T T	Fold leaves over heads to blanch
Celery	4 to 5	1	Green									*	S	S	T T	Best in filtered light, plant early for best results
Cilantro	2	0.6	Green	S SS	S							*	S	SS SS	S S	easy and grows in just about any soil condition
Collards	2.5	1	Green	S S								*	S	SS SS	S S	big-time winner for new-years, frost sweetens flavor
Corn - Flour	3 to 4	1.2ear	Corn			*	SS SS	S		*	S	S	SS S			let dry on stalk...best to mature in dry season
- Ornamental	3	1.2ear	Corn			*	SS SS	S		*	S	S	SS S			ALL CORN: plant in clusters >3' wide for polination
- Popcorn	3 to 4	1.2ear	Corn			*	SS SS	S		*	S	S	SS S			Robust Hybrid top performer, ornamental also good
- Sweet	2.5 - 3	1.2ear	Corn			*	SS SS	S		*	S	SS SS				Most Supersweet varieties need warm soil to sprout
Cucumber - Armenian	2	1.4	Fruit			*	SS SS	S S	S S	S S	S S					Heat-lover, prolific and does well on trellis
- Standard	2 to 3	1.2	Fruit			*	SS S	S			*	SS S				Harvest early and often for best production
Dill	2.5	0.7	Green	S S	S *								*	S	SS	Best from seed. Grows 3' tall
Eggplant - Black	2.5 to 4	1	Fruit	SS SS	SS ST	ST ST	ST S	S S	S S	S S						Fall harvest is best, can over-winter with protection.
- Green	2.5 to 4	1	Fruit		SS SS	SS ST	ST ST	S S	S S	S S						More heat tollerant than Black Varieties.
Endive	3 to 4	1	Green									*	*	S	SS	Cover as plant matures for white/blanched center

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				1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15	1 15		1 15		
Fennel - Bulbing	3 to 4	1.2	Green	S SS	SS S							*	* S	SS SS	S S	S S	Can be harvested at any size.		
- Herb	2	0.7	Green	S SS	S								*	S	SS SS	S S	S S	Easy to grow, fragrant flowers attract pollinators	
Garlic	5 to 7	0.4	Root										*	S	SS SS	SS S		Harvest ready when green tops die-back	
Jicama	9	0.6	Root			*	S SS	SS S	S S	S S	S S	S *						plant early for large root, Does well on trellis	
Kale - Leaf	2 to 3	1	Green	S SS	S								*	S	SS SS SS	SS S	S S	Harvest outer leaves to extend harvest	
- Ornamental	2 to 3.5	1	Green	S SS	S								*	S	SS SS SS	SS S	S S	great for kale chips, best at transplants	
Kohlrabi	2(S) 1.5(T)	0.8	Green	T T	T								S	S	S S ST	ST ST	T T	Frost sweetens plant, great for cool weather	
Lavender	2.5(seasonal)	0.5	P. Green			T T								*	S	SS S			needs sandy soil, english and french var. best
Leek	6 to 7	1.3	Root	S S	S								*	SS	SS SS	SS S	S S	Pile dirt up stalks to blanch	
Lettuce - Head	2 to 3.5	4 head	Green	S SS	S								*	S	SS	SS S	S S	Allow 8-12" for larger heads	
- Leaf	1.5 to 3	1	Green	S SS	SS S								*	SS	SS	SS SS	S S	Only sprouts in cool soil <85	
Marigold	3	0.4	Flower		S S	SS SS	ST ST	ST ST										Great for pest control	
Melon	3 to 4	1 fruit	Fruit		*	SS SS	SS S	S S	S S	S S	S S							Lots of space, can be trellised	
Mint	3 (seasonal)	2	Green	T T	T T	T T									T T	T T	T T	Best from cuttings... invasive= give 6" deep border	
Mizuna	2	1	Green	S S									*	S	SS SS	SS SS	S S	Best as baby green	
Mustard Green	1 to 1.5	1	Green	S S									*	S	SS SS	SS SS	S S	Frost improves flavor (sweetens)	
Nasturtium	2	0.4	Flower	S S	S S	S S	S						S	S	SS SS	SS SS	S S	Re-seeds itself, eat flower, sweet spicy flavor	
Okra	3 to 4	1	Fruit			S SS	SS SS	S S	S S	S S	S S							Loves heat, pick early & often to improve production	
Onion - Bulb	8(S) 4(T)	1	Root	T T									*	S	SS SS	SS ST	T T	"Short Day" var. best - harvest as tops die back	
- Multiplier	2.5 to 3.5	1.3	Root	T T	T T	T								T T	T T	T T	T T	Seedles - By division only	
- Scallion/green	3 to 4	1.8	Root	T T									*	SS	SS	SS S	S S	Long-day var.	
Oregano	2.5 (seasonal)	2	Green	T T	T T									T T	T T	T T	T T	Like mint, by cuttings. Cut flowers to extend season	
Parsley	2.5	0.3	Green	S SS	S								*	SS	SS	SS S	S S	Long germination time... italian var better in heat	
Parsnips	4	1	Root										*	SS	SS	S S	S S	Harvest root before it bolts	
Peanuts	5	1	Bean		i	i	Si	Si	T T	T								best to harvest in dry conditions	
Peas	3 to 4	0.4	Bean	S SS	SS								S	SS	SS SS	SS SS	SS S	Best with trelliss 3" spacing	
Pepper	3 to 4	0.6	Fruit	SS SS	Si Si	Si Si	Si S	S S	S S	S S	S						* S	Winter: start indoors. FALL is best harvest	
Potato (per layer)	3 to 4	2.1	Fruit	* T	T T													Reds best. Harvest in full bloom. Box-method best	
Sweet Potatoe	3 to 4	1.5	Root				i i	i iT	T T	T								slips, likes heat but need plenty of water	
Pumpkin	3 to 4	1	Fruit		i i	SS SS	SS Si	ST ST	ST ST	SS ST	T T							by Jun 15 for Haloween, thin for larger-sized harvest	
Raddish	1 to 2	1 bunch	Root	S SS	SS S								*	S	SS	SS SS	SS SS	Best when day is short	
Rutabaga	3.5 to 4	1	Root										*	S	SS SS	S S		Harvest before they bolt to flower-stalks	
Sage	4 (seasonal)	2	Green	i i	ST ST	T							*	S	S	ST ST	ST	i i	best flavor if harvested before flower stalks form
Spinach- Traditional	1.4 to 3	1	Green	SS SS	S S								*	S	SS	SS SS	SS SS	pick outer leaves early and often for best production	
- Malabar	3	2.3	Green	i i	Si Si	Si Si	ST ST	ST ST	ST ST	ST ST	ST ST	ST T	T T					Beautiful Vining Habit, red stem & berry, all edible	
Squash (summer)	2 to 3	1.5	Fruit		i i	Si SS	SS SS	S S	S S	S S	S S	SS SS						pick once 6" long and often to improve production	
Squash (Winter)	3 to 4	1	Fruit		i i	SS ST	T T			S S	ST T	T						let remain on plant longer for sweeter fruit	
Sunflower	3 to 4	1.3	Green		S	SS SS	SS SS	SS SS	S S	S S	S							loves heat, very drought tollerant, 6'+ tall	
Swiss Chard	2 to 3	1.6	Green	S SS	SS S								S	S	SS SS	SS S	S S	Can over-summer with protection, pick outer leaves	
Tomato	2 to 4	1.2	Fruit	SS SS	S T	T T	T			S S	S				i i	i Si		Best with afternoon shade or 30-50% shade cover	
Turnips	3 to 4	1	Root	S S	S S							S	S S	SS SS	S S	S S		sweeter in cooler weather. Pick before temps >75	